

# *Costa Rica*

## *Travel & Painting with Robbie Laird*

### *March 2019*



#### **Mar 24 to 30, 2019**

A week in beautiful **Costa Rica**, painting and relaxing at **Hotel Sugar Beach**, a small boutique hotel with guest suites, rooms and beach houses nestled across a 24-acre beachfront property, located just steps from the shores of the warm waters of the Pacific Ocean and the soothing sands of Playa Pan de Azúcar. The resort shares the dry forest with monkeys, iguanas, coatis, raccoons, and the beauty and abundance of Costa Rica's Natural World. Many activities are available for non-painters also.

Fly into Liberia, Costa Rica, Sun Mar 24<sup>th</sup> and return flights on Sat, Mar 30<sup>th</sup>.



For more information on Hotel Sugar Beach see [www.Sugar-Beach.com](http://www.Sugar-Beach.com)



Rates are between \$2,295 - \$2,445 per person for double occupancy in an ocean-view or garden-view room (non-workshop is \$300 less). Several other options are available for small groups. These prices will include:

- 6 nights of accommodations
- All meals starting with dinner on Sunday and ending with breakfast on Saturday
- Your lessons and classes
- Optional yoga in the morning
- Optional evening offerings such as chanting, if there is an interest
- Transportation from the airport to the resort and back to the airport within set time frames

It does not include air-fare, alcoholic beverages, adventure excursions that participants can choose to explore, or tips for the staff.

## **FLOW AND FORM-Layered Watermedia**

The Synergy of Ebb and Flow Painting!

All Levels of experience

Celebrate the essence of Costa Rica with flowing watercolor. This is the perfect medium to express the beauty of Costa Rican vistas, magnificent skies, and rain forests. This workshop is based on Robbie's inspiring premise about "Informed Intuitive" painting. Become more spontaneous without being out of control!



Robbie will share unique techniques for controlling large flowing wet into wet areas as well as a variety of other water media effects. She will share how she extends her personal vision by exploring a subject, then experimenting with effects by layering various media such as gouache, watercolor crayons and acrylic mediums.

Mornings will begin with inspiring painting demonstrations, discussions, and warm-up exercises as preparation for painting. Robbie will guide you in collecting the unique essence of Costa Rica by filling your sketchbook, travel journal, and/or painting portfolio with quick sketches, color studies, and developed paintings.



Each painter will be encouraged to identify and capitalize on painting strengths, and may use watercolor alone or a variety of watermedia. Realistic painting and abstract painting are equally encouraged. Individual critiques and assistance will be given each day.



This workshop is sponsored by **Global Journeys**, with whom Robbie has previously done workshops in Costa Rica and Italy. For more information see [www.Globalj.org](http://www.Globalj.org) (you can click on the Costa Rica page, and Dr. Joe Dispenza for more photos of the Sugar Beach Resort)



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